

**\$80 for 10 classes  
for STUDENTS & MILITARY  
with ID**



**52 B Wall Street, Huntington, New York 11743 631-385-4664**  
**email: bodyandsoulcenter@yahoo.com website: www.bodysoulcenter.net**

**JANUARY 2019 ONE HOUR CLASSES**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>AM 6:45</b>			<b>Yoga III (Iyengar)</b>		<b>Yoga III (Iyengar)</b>		
<b>8:00</b>	<b>Yoga II (Iyengar)</b>	<b>Yoga I-II (Iyengar)</b>	<b>Yoga (All Levels) (Iyengar)</b>	<b>Fusion Fitness</b>	<b>Modern Pilates (Open Level Mat Class)</b>	<b>8:30 Classic Cardio</b>	<b>8:00 Yoga II (Iyengar)</b>
<b>9:15</b>	<b>Yoga I (Iyengar)</b>	<b>Classic Cardio</b>	<b>Beginner's Yoga (Yoga For Every Body)</b>		<b>Yoga I (Iyengar)</b>	<b>9:45 Fusion Fitness</b>	<b>9:30 Yoga I (Iyengar)</b>
<b>10:30</b>	<b>Body Sculpt</b>	<b>Fusion Fitness</b>	<b>Modern Pilates (Open Level Mat Class)</b>	<b>Modern Pilates (Open Level Mat Class)</b>	<b>Body Sculpt</b>	<b>11:00 Yoga I (Iyengar)</b>	<b>11:00 Gentle Yoga * \$20 or \$180 for 10 classes</b>
<b>PM 12:30</b>			<b>Yoga II-III (Iyengar)</b>	<b>Yoga I (Iyengar)</b>			
<b>5:00</b>	<b>Fusion Fitness</b>	<b>Yoga II (Iyengar)</b>	<b>Yoga (All Levels) (Iyengar)</b>	<b>Yoga (All Levels) (Iyengar)</b>	<b>Yoga (All Levels) (Iyengar)</b>		
<b>6:15</b>	<b>Body Sculpt</b>	<b>Modern Pilates (Open Level Mat Class)</b>	<b>Body Sculpt</b>	<b>Core and More!</b>	<b>Body Sculpt</b>		
<b>7:30</b>			<b>Yoga I (Iyengar)</b>	<b>Yoga I-II (Iyengar)</b>			

**\* Class Fee payable to instructor, not included in B&S Fee Schedule**

**CLASS FEES**

**Effective January 15th  
(No Membership Dues)  
\$ 20 per class (Drop-In)**

**\$50 for 7 days of unlimited classes  
\$140 for a Punch Card of 10 classes (3 mo. exp)**

**ALL FITNESS & YOGA CLASSES  
\$135 for 30 days of unlimited classes**

**FITNESS CLASSES ONLY  
\$110 for 30 days of unlimited classes**

**\$70 - Private Session with Certified Instructor**